

An open note to my patients and friends concerning the Isagenix program and products:

As most of you know, I have searched for a cleansing product for sometime now. I have researched many and found some good products, however I felt they were all incomplete, not that some of the products were not good because I believe there are many good products available, I just felt they were incomplete and could not provide myself or my patients with a nutritional supportive cleanse.

Before I can bring any product into my office I try to determine if it is of high quality, purity and is safe for my patients, friends and family. I needed to find a product that would meet my goals which are to provide a nutritional rich meal replacement program while providing a healthy non-aggressive whole system cleanse with an added benefit of weight reduction.

I personally believe that the Isagenix product meets these requirements and standards. I also believe that in this nutritionally depleted society in which we all live, it is a fundamental necessity that we supplement our diets in order to achieve and maintain health.

Please read the information below concerning this product, I believe that this is the best and most complete cleansing product available on the market today. If the program is adhered to as directed and the objectives are realistic I believe the results can be dramatic and maintainable.

Dr. Mark Stone

Please read product disclaimer on last page.

Isagenix International

No-Compromise Formulas

At Isagenix International, our mission and promise is to provide no-compromise nutritional products—of foremost importance are synergy of ingredients, potency, natural affinity, bio-availability, and superior absorption. Isagenix's Founder and Formulator, John Anderson, makes sure the company uses only the highest-quality raw materials that are thoroughly inspected for safety, purity, and potency.



Each Isagenix product and program is designed with you and your body in mind. The products are not only first class and extremely healthy, but easy to use, and provide results.

PRODUCTS

Isagenix Cleansing and Fat Burning System

30 Day Program



Become healthier, leaner, and achieve peak performance with our 30 Day Program. It's the recommended program to start with to help you lose weight at a steady pace.* (Plus, the 30 Day Program Pak has enough product to follow a 9 Day Program, should you choose to do so.) The program feeds your body cleansing nutrients like aloe, herbal teas, vitamins, and ionic trace minerals. Then, it helps kick-start your metabolism to burn fat naturally. No stimulants are used. Losing weight becomes easy and enjoyable with a delicious wave of nutrients from IsaLean Shakes. You may also gain more energy, build muscle, reduce unhealthy cravings, and improve your mental clarity. In addition, Ionix Supreme provides healthy adaptogens to encourage optimum health, IsaFlush encourages regularity, and Want More Energy?, our natural electrolyte drink, gives you more energy.

The 30 Day Program Pak comes with:

- 1 Bottle of [Ionix Supreme](#)
- 2 Bottle of [Cleanse for Life](#)
- 4 Canisters of [IsaLean Shake](#) (56 meals)
- 1 Bottle of [Isagenix Snacks](#)
- 1 Bottle of [Natural Accelerator Capsules](#)
- 1 Bottle of [IsaFlush!](#)
- 4 [Want More Energy?](#) packets
- 1 Programs Guide
- 1 Measuring Tape
- 1 Dr. Becky Natrajan's CD, "Why Cleanse? Why Isagenix? Why Cleanse for Life?"

Isagenix Cleansing and Fat Burning System

9 Day Program



Get results in as little as nine days by following our 9 Day Program. And don't forget to take a "Before" and "After" picture of yourself. In a recent study, participants averaged a weight loss of 7 pounds.* The program feeds your body cleansing nutrients like aloe, herbal teas, vitamins, and ionic trace minerals. Then, it helps kick-start your metabolism to burn fat naturally.** No stimulants are used. Losing weight becomes easy and enjoyable with a delicious wave of nutrients from IsaLean Shakes. You may gain more energy, build muscle, reduce unhealthy cravings, and also improve mental clarity.**

The 9 Day Program Pak comes with:

- 2 Bottles of [Cleanse for Life](#)
 - 1 Canister of [IsaLean Shake](#) (14 meals)
 - 1 Bottle of [Isagenix Snacks](#)
 - 1 Bottle of [Natural Accelerator Capsules](#)
 - 1 Programs Guide
 - 1 Measuring Tape
 - 1 Dr. Becky Natrajan CD, "Why Cleanse? Why Isagenix? Why Cleanse for Life?"
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Total Health and Wellness System



Achieve peak performance through correct nutrition by following the Total Health and Wellness System, which includes Ionix Supreme. This system helps you stay lean for life through regular cleansing and IsaLean Shakes—our delicious meal-replacement.* You also get essential nutrients (specific to your gender) as well as antioxidants to help keep your body healthy and young. Along with a healthy diet and exercise, the Total Health and Wellness System can help you gain optimal health and enhance your mental and physical performance.

The Total Health and Wellness System comes with:

- 1 Bottle of [Ionix Supreme](#)
- 1 Bottle of [Cleanse for Life](#)
- 2 Canisters of [IsaLean Shake](#) (28 meals)
- 1 Bottle of [Antioxidants](#)
- 1 Bottle of either [Essentials for Women](#) or [Essentials for Men](#)
- 1 Programs Guide

Isagenix Programs

Frequently Asked Questions

Why do I feel so good after my Cleanse Days?

It's wonderful, isn't it? When you eliminate harmful impurities and excess pounds from your body, you naturally feel fantastic. You're on your way to being healthy, clean, and lean. Our 9 Day and 30 Day Programs, which we also refer to as our Cleansing and Fat Burning Systems, are a safe and amazing way to assist the cleansing of impurities that build up in your system over the years. This, in turn, can help you lose excess pounds and inches. A healthy body is a clean and lean body. That's why cleansing makes you feel fantastic.

Where does all this incredible energy come from?

Not only are you slimmer after your 9 Day or 30 Day Program, but cleansing can help restore your natural absorption of nutrients. This allows your body to be flooded with balanced nutrients—macro-nutrients, vitamins, and minerals—giving you tremendous energy. We use no harmful stimulants, no caffeine, no ma-huang, and no ephedrine.

Why do I get a headache during Cleanse Days?

Some people may experience headaches during their Cleanse Days. Mild headaches can be a common caffeine withdrawal symptom. To alleviate withdrawal symptoms, be sure to stay well hydrated (see recommended water consumption in next FAQ below). Before your first program, we recommend you do two Pre-Cleanse Days. Although reducing your caffeine, alcohol, cigarette smoking, and sugar consumption are wise lifestyle choices, it is especially useful to do so during your Pre-Cleanse Days.

Why do you recommend 8-10 glasses of purified water daily?

Hydration is always important for health benefits and especially while you Cleanse. Proper hydration supports the elimination of harmful impurities and helps your body to function more efficiently. As a general guideline, drink at least 8-10 eight-oz. glasses of purified water daily. For a truer approach, drink at least half your body weight in ounces daily. On Cleanse Days and when exercising, increase this amount.

I get hungry during my Cleanse Days. What can I do?

Be sure to take your Isagenix Snacks to curb cravings. If you must eat a little, try small apple slices, a small salad, a hard boiled egg, a couple of unsalted raw almonds, IsaFuel, or IsaFruits. We also suggest you get more sleep. Going to bed earlier in the evening helps you resist the urge to snack.

Besides junk food, what other foods should I avoid?

For best results, eat responsibly and avoid heavily processed foods, processed meats, hydrogenated oils, alcohol, artificial colors and flavors, additives, white flour products (breads, crackers, pretzels, bagels, etc.), high-glycemic foods, NutraSweet (aspartame), coffee, and caffeinated soda.

What are all the benefits I can receive by using Isagenix Programs?

The 9 Day and 30 Day Programs, our Cleansing and Fat Burning Systems, help your body to cleanse and burn fat naturally. The Maintenance for Life Program, our Nutrition System, helps you maintain your target weight and a healthy lifestyle through sound nutrition and sensible meals.

The Programs are designed to support your body's ability to:

- Safely lose unwanted pounds and inches.
- Cleanse harmful impurities from your system.
- Burn fat and build muscle.
- Naturally reduce unhealthy cravings and appetite.
- Absorb balanced nutrients.

How can Isagenix Programs help me reach a healthy weight?

Your Isagenix Program applies principles of a healthy and lean lifestyle—mainly a moderate-calorie diet high in nutrients and an increase in physical activity—with the addition of a proprietary internal body cleansing and nutrition system.

The beauty of the IsaLean Shakes in your program is that they provide a full-spectrum of necessary nutrients in a calorie-efficient way. Use them as replacement for one or more meals each day to safely reduce your caloric intake without depriving yourself of needed nutrients. As your body receives needed nutrients each day, you reduce typical cravings often associated with dieting.

How can cleansing help my body reach a healthy weight?

Cleansing by limiting the diet to the Cleanse for Life drink for one or two days per month, combined with the other key daily components of your Isagenix Program, supports provides customers with benefits such as steady loss of weight, increased energy, elimination of impurities, better absorption of vitamins and minerals, and better overall health. In clinical trials using our 9 Day Program, the average weight loss was seven pounds in nine days.

How can Isagenix Programs help me reach optimum health?

Studies show that over time, a balanced diet that is low in calories and high in vitamins, minerals, and other phytonutrients—a low macro-nutrient/high micronutrient diet—is the key to living a long, healthy life. Your Isagenix Program helps you to safely reduce caloric intake—through a proprietary internal body cleansing and nutrition system—without depleting your body's needs for essential nutrients.

How long should I continue using the Maintenance for Life Program?

After feeling the benefits of Cleansing, why would you ever stop? Our perfect Maintenance for Life Program includes two Cleanse Days a month. Combined with sensible eating and exercise, the Maintenance for Life Program—along with other Isagenix nutritional products—is your key to maintaining a healthy weight and achieving optimum health and wellness for life. The Maintenance for Life Program can cost as little as \$4.00 a day and save you money on food. In the long run, you may also save on possible medical bills.

IsaNutritionals

Ionix Supreme



Nature's Answer for Optimal Health

This powerful nutrient-rich drink can help enhance your mental and physical performance, as well as help your body manage stress. Made with the finest natural restorative ingredients available on our planet, Ionix Supreme helps bring harmony to your body and serves as a foundation for good nutrition.

Benefits

- Serves as a foundation for good nutrition*
- Includes powerful adaptogens to help harmonize body systems*
- Promotes mental and physical performance*
- May protect your body with a wide range of antioxidants*
- Supports sexual health*

Ionix Supreme

Supplement Facts

Serving Size 1 fl. oz. (30ml)

Servings per Container 32

Amount per Serving	% Daily Value**
Calories 32	
Total Carbohydrate 8g	3%
Sugars (black strap molasses) 6g	
Vitamin B₁ (thiamin) 3mg	200%
Vitamin B₂ (riboflavin) 4mg	235%
Niacin 8mg	40%
Vitamin B₆ (pyridoxine HCl) 6mg	300%
Folic Acid 100mcg	25%
Vitamin B₁₂ (cyanocobalamin) 120mcg	2000%
Zinc (zinc oxide) 5mg	33%

Proprietary Blend: 22ml

Wolfberry berry extract (*Lycium barbarum*), Sorrel flower buds extract (*Hibiscus sabdariffa*), Velvet bean extract [20% L-dopa] (*Mucuna* sp.), methylsulfonylmethane (MSM), Siberian Golden root extract (*Rhodiola rosea*), Georgian Snow Rose leaves/stems extract (*Rhododendron caucasicum*), Ashwaghandha root extract (*Withania somnifera*), Schizandra berry extract (*Schizandra chinensis*), Puncture vine fruit extract (*Tribulus terrestris*), Maca root extract (*Lepidium meyenii*), Nepali Shilajit extract, Bamboo stem extract (*Bambusa* sp.), IsaLyte™ trace minerals, Brahmi whole plant extract (*Bacopa monniera*), Harada fruit extract [45% tannins] (*Terminalia chebula*), *Eleutherococcus senticosus* root extract, alpha-lipoic acid, betaine HCl, Amla berry extract (*Embolica myrobalan*), Blueberry leaf extract (*Vaccinium* sp.), Ginger root extract (*Zingiber officinale*), Hibiscus flower extract (*Hibiscus* sp.), Kiwi fruit juice (*Actinidia deliciosa*), Blueberry berry Juice extract (*Vaccinium myrtillus*), Watermelon fruit juice (*Citrullus lanatus*)

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Quartz crystal mineral water, black strap molasses, citric acid, Stevia leaf extract (*Stevia rebaudiana*), potassium sorbate/sodium benzoate (as a preservative).

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[Frequently Asked Questions](#)

Cleanse for Life

How can Cleanse for Life help my body to burn fat more efficiently?

Our bodies' natural systems and metabolic pathways are a miracle as long as we provide the nutrients needed for them to perform correctly. The cleansing nutrients in Cleanse for Life support your body's natural

systems to help improve metabolism—your liver, colon, kidneys, lymphatic system, and adrenal system. But here's the best part: Cleansing effectively provides you an extra benefit—burning fat efficiently and losing unwanted fat quickly in a safe, natural way.

Why do you recommend mixing Cleanse for Life with cold water?

Your Cleanse for Life drink is best with cold purified water. Not only does it enhance the taste, but cold water causes your body to burn at least a few more calories. Note: You may prefer drinking Cleanse for Life straight, followed by 8 oz. of purified water.

Can I take Cleanse for Life every day?

Many customers enjoy a serving of Cleanse for Life mixed with cold purified water on a daily basis. The refreshing beverage, similar to iced herbal tea, is a natural and healthy alternative to high-sugar drinks.

What can I add to Cleanse for Life to improve the taste?

On Cleanse Days for added taste and energy, sprinkle a sparing amount of our electrolyte drink, Want More Energy?, in your Cleanse for Life drink. Note: You may prefer drinking Cleanse for Life straight, followed by 8 oz. of purified water.

Does Cleanse for Life help my body to become more alkaline?

Cleanse for Life includes alkaline ingredients like aloe vera and herbal teas. Some research suggests that consuming a healthy amount of alkaline foods daily may be beneficial to your health.

At what temperature should I store Cleanse for Life?

Cleanse for Life should be stored in a cool place away from direct sunlight. Refrigerate after opening. It can also be frozen without harming nutrients.

Why are B vitamins in Cleanse for Life?

A healthy amount of B vitamins is needed to support your metabolism to break down fats and carbohydrates. Daily B vitamins can also support your immune system and help maintain muscle tone and healthy skin.

Why is fructose used in Cleanse for Life and other Isagenix products?

Because of its low-glycemic index of only 32, a moderate amount of fructose (fruit sugar) provides an easy flow of carbohydrates to the brain and other body organs without

adversely affecting insulin levels. We do not use high-fructose corn syrup (a high-glycemic index food) in any of our products.

Where does your fructose come from?

Our fructose is produced from sugar beet.

Natural Accelerator Capsules



Kindle Your Natural Furnace for Burning Fat

Natural Accelerator's carefully selected natural ingredients—such as cayenne, green tea, cinnamon and ginseng—help kindle the natural furnace inside you to melt away unwanted pounds. The formula uses natural thermogenic ingredients to support weight loss.* No ephedra or ma huang.

Benefits

- Enhances natural fat loss
- Natural thermogenic nutrients
- Provides lipotropic nutrients
- A rich supply of niacin
- Helps satisfy appetite
- No Ephedra, no Ma Huang, no caffeine added

Natural Accelerator

Supplement Facts

Serving Size 1 Capsule

Serving Per Container 60

Amount Per Serving

% Daily Value*

Niacin 12mg 60%

Chromium Chelavite® (amino acid chelate) 75mcg 62%

Proprietary Blend: 507mg †

Apple cider vinegar, Green Tea leaf extract (*Camellia sinensis*), alpha-lipoic acid, Cayenne pepper fruit (*Capsicum annum*), Pau d' Arco inner-bark extract (*Tabebuia heptaphylla*), Cinnamon dried bark (*Cinnamomum zeylanicum*, *C. cassia*), White Willow bark (*Salix alba*), IsaLyte™ trace minerals, *Eleutherococcus senticosus* root extract, American Ginseng root (*Panax quinquefolium*), Royal Jelly extract (*Apis mellifera*), Yucca root (*Yucca baccata*, *Y. glauca*), inosine, octacosanol, inositol, betaine HCl, L-methionine, choline bitartrate .

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Other Ingredients: Vegetable capsule and silica.
May contain magnesium stearate or silicon dioxide.

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[Frequently Asked Questions](#)

Natural Accelerator

Why did I get a 30-day supply of Natural Accelerator with my 9 Day Program?

Natural Accelerator Capsules includes many natural herbal ingredients that work best when taken for a full 30 days or longer as part of your continued use of Isagenix Products.

Does Natural Accelerator have any harmful stimulants?

Natural Accelerator Capsules contains no harmful stimulants, no Ma-Huang, no Ephedra, and no added caffeine.

Do Natural Accelerator Capsules or any other Isagenix Products contain caffeine?

We do not add any caffeine to any Isagenix products. In addition, we strongly encourage you to avoid caffeine and caffeinated products in general—especially during your Isagenix Program. Any naturally occurring caffeine in our products is in minimal amounts.

IsaLean™ Shake



The Perfect Meal Alternative

Give your body a delicious wave of essential nutrients with our IsaLean Shake. This ideal meal replacement replenishes your body with a perfect blend of organic whey protein, vitamins, active enzymes and a proprietary blend of more than 70 ionic trace minerals. When used as part of a nutritional cleansing system, the IsaLean Shake maximizes your fat burning while safely reducing your caloric intake.

Available in:

Chocolate
Vanilla

Benefits

- Tastes great!
- More than 100 replenishing nutrients
- Low-lactose whey protein
- A special digestive enzyme delivery system
- Complete balanced amino acids

Nutrition Facts	
Serving Size 2 scoops (1/2 cup) 61g	
Servings per Container 14	
Amount per serving	Calories from Fat 50
Calories 231	Calories from Saturated Fat 35
%Daily Value*	
Total Fat 6g	9%
Saturated Fat 4g	19%
Trans Fat 0g	
Polysaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 30mg	11%
Sodium 90mg	4%
Potassium 480mg	14%
Total Carbohydrate 27g	9%
Dietary fiber 7g	27%
Sugars 14g	
Protein 23g	
Vitamin A 50%	Vitamin C 40%
Calcium 40%	Iron 10%
Vitamin D 80%	Vitamin E 35%
Thiamin 60%	Riboflavin 70%
Niacin 45%	Vitamin B6 70%
Folate 80%	Vitamin B12 200%
Biotin 45%	Pantothenic Acid 40%
Phosphorus 35%	Iodine 40%
Magnesium 34%	Zinc 45%
Selenium 40%	Copper 50%
Manganese 60%	Chromium 80%
Molybdenum 60%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4	

IsaLean™ Shake Chocolate

Ingredients

Whey protein concentrate (undenatured), Calcium caseinate (undenatured), low-heat nonfat dry milk, natural fructose, Cocoa bean (*Theobroma cacao*), esters of fatty acids (vegetable mono- and di-glycerides), alpha-linolenic acid from ALA-stabilized Flax seed (*Linum usitatissimum*), Honey, soluble fiber, Vanilla bean (*Vanilla sp.*), Cinnamon bark (*Cinnamomum zelanicum*, *C. cassia*), natural flavors, Xanthan gum (fermented by *Xanthomonas campestris*), Guar gum bean (*Cyamopsis tetragonoloba*), tricalcium phosphate, magnesium oxide, IsaLyte™ trace minerals, soy lecithin, potassium citrate, Yucca root (*Yucca baccata*, *Y. glauca*), *Lactobacillus acidophilus*, Psyllium seed (*Plantago psyllium*), niacin, zinc oxide, vitamin C (ascorbic acid), Copper Chelazome® (amino acid chelate), magnesium citrate, vitamin A (beta carotene), vitamin E (succinate), vitamin B₅ (pantothenic acid), bromelain (from *Ananas comomus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain (from *Carica papaya*), alpha amylase (from *Bacillus subtilis*), acid-stable protease (*Aspergillus niger*), biotin, selenium (amino acid chelate), iodine (amino acid chelate), vitamin D₃ (cholecalciferol), Manganese Chelazome® (amino acid chelate), vitamin B₂ (riboflavin), vitamin B₁ (thiamin), vitamin B₆ (pyridoxine HCl), Folate (folic acid), Chromium Chelavite® (amino acid chelate), molybdenum (amino acid chelate), vitamin B₁₂ (cyanocobalamin).

Contains milk and soy ingredients.

Amino Acids Per Serving Naturally Occurring†

Alanine	794 mg	Lysine	1,640 mg
Arginine	663 mg	Methionine	441 mg
Aspartic Acid	1,796 mg	Phenylalanine	826 mg
Cystine	182 mg	Proline	1,438 mg
Glutamic Acid	3,670 mg	Serine	1,094 mg
Glycine	453 mg	Threonine	1,079 mg
Histidine	519 mg	Tryptophan	352 mg
Hydroxyproline	1 mg	Tyrosine	763 mg
Isoleucine	1,153 mg	Valine	1,258 mg
Leucine	1,933 mg	Other Amino Acids	2,944 mg

† Since amino acids are naturally occurring, amounts may vary.

Barley Free
Wheat Free
Gluten Free
No Trans Fat

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Vanilla Shake

Nutrition Facts	
Serving Size 2 scoops (2.15 OZ) 61g	
Servings per Container 14	
Amount per serving	Calories from Fat 40
%Daily Value*	
Total Fat 5g	7%
Saturated Fat 3g	14%
Trans Fat 0g	0%
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 35mg	11%
Sodium 200mg	8%
Potassium 300mg	8%
Total Carbohydrate 26g	8%
Dietary fiber 7g	28%
Sugars 14g	
Protein 23g	
Vitamin A 50%	Vitamin C 40%
Calcium 30%	Iron 4%
Vitamin D 80%	Vitamin E 35%
Thiamin 60%	Riboflavin 70%
Niacin 45%	Vitamin B ₆ 70%
Folate 80%	Vitamin B ₁₂ 200%
Biotin 45%	Pantothenic Acid 40%
Phosphorus 30%	Iodine 40%
Magnesium 30%	Zinc 40%
Selenium 40%	Copper 35%
Manganese 50%	Chromium 80%
Molybdenum 60%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Total Fat	Calories: 2,000	2,500
Saturated Fat	Less than 65 g	80 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4

Ingredients

Whey protein concentrate (undenatured), Calcium caseinate (undenatured), Vanilla bean (*Vanilla planifolia*), low-heat nonfat dry milk, natural fructose, alpha-linolenic acid from ALA-stabilized Flax seed (*Linum usitatissimum*), esters of fatty acids (vegetable mono- and di-glycerides), soluble fiber, Olive oil powder, natural flavors, Honey, Cinnamon bark (*Cinnamomum zelanicum*, *C. cassia*), Xanthan Gum (fermented by *Xanthomonas campestris*), Guar Gum bean (*Cyamopsis tetragonoloba*), tricalcium phosphate, magnesium (oxide and citrate), Isalyte® trace minerals, soy lecithin, potassium citrate, Yucca root (*Yucca baccata*, *Y. glauca*), *Lactobacillus acidophilus*, Psyllium seed (*Plantago psyllium*), niacin, zinc oxide, vitamin C (ascorbic acid), Copper Chelazome® (amino acid chelate), vitamin A (beta carotene), vitamin E (succinate), vitamin B₅ (pantothenic acid), bromelain (from *Ananas comomus*), lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), protease (from *Aspergillus oryzae*), papain (*Carica papaya*), alpha amylase (from *Bacillus subtilis*) acid-stable protease (*Aspergillus niger*), biotin, selenium (amino acid chelate), iodine (amino acid chelate), vitamin D₃ (cholecalciferol), Manganese Chelazome® (amino acid chelate), vitamin B₂ (riboflavin), vitamin B₁ (thiamin), vitamin B₆ (pyridoxine HCl), Folate (folic acid), Chromium Chelavite® (amino acid chelate), molybdenum (amino acid chelate), vitamin B₁₂ (cyanocobalamin).

Contains milk and soy ingredients.

Amino Acids Per Serving Naturally Occurring†

Alanine	788 mg	Lysine	1,683 mg
Arginine	637 mg	Methionine	456 mg
Aspartic Acid	1,794 mg	Phenylalanine	818 mg
Cystine	181 mg	Proline	1,474 mg
Glutamic Acid	3,709 mg	Serine	1,112 mg
Glycine	426 mg	Threonine	1,104 mg
Histidine	532 mg	Tryptophan	356 mg
Hydroxyproline	1 mg	Tyrosine	765 mg
Isoleucine	1,179 mg	Valine	1,263 mg
Leucine	1,983 mg	Other Amino Acids	3,061 mg

† Since amino acids are naturally occurring, amounts may vary.



Frequently Asked Questions

Can I add fruit to my IsaLean Shake?

The IsaLean Shake tastes great with fruit, especially berries. Fruit also gives you natural fiber and potassium. Just watch the extra calories. For another flavor, try adding IsaFruits.

After blending an IsaLean Shake, can I store it in the refrigerator?

No. We recommend you drink your prepared IsaLean Shake within 10 minutes to take advantage of the digestive enzymes before they break down the whey protein.

Can I add fiber to the IsaLean Shakes/Soups during my Isagenix Program?

Our IsaLean Shake mixes well with many natural fiber supplements such as oat bran, ground flaxseed, apple pectin, and/or psyllium hulls. We recommend you always include a healthy amount of soluble and insoluble natural fiber as part of your Shake Days. A diet high in natural fiber not only helps curb cravings and promotes regularity, but plays an important role for long-term health and wellness (see FAQ on our high-fiber SlimCakes). High-fiber foods—whether taken in your IsaLean Shake or as part of your 400-600 calorie meals—are an integral part of your Isagenix Program.

What kind of whey protein is used for IsaLean and IsaPro products?

Isagenix uses a special supplier that uses a low-temperature, ultra-filtration process to yield an extremely clean, low-lactose, undenatured, organic whey protein concentrate from Australia or New Zealand. Undenatured whey protein preserves whey's natural amino acid profile and is considered best to help enhance your body's immune system.

Why is nonfat dry milk used in the IsaLean Shake?

We use a small percentage of extremely clean, low-heat nonfat dry milk (processed at no more than 160° F for two minutes) with undenatured whey protein content. The ingredient is ideal for giving our shake a rich and creamy taste.

I am lactose intolerant and/or have milk allergies. Can I still use the IsaLean Shake?

Because the IsaLean Shake is low in lactose, most people who are lactose intolerant don't have any problems using it. As always, consult your physician before using this or any other nutritional products. Discontinue use if you have any allergic reaction.

Does IsaLean Shake or any other Isagenix products contain caffeine?

We do not add any caffeine to any Isagenix products. In addition, we strongly encourage you to avoid caffeine and caffeinated products in general, especially during your Isagenix Program. Any naturally occurring caffeine in our products is in minimal amounts. The Rich Chocolate IsaLean Shake may have naturally occurring caffeine in a small amount due to the natural cocoa used. Cocoa is also a good source of natural antioxidants. If you feel you should avoid cocoa, however, then try our French Vanilla IsaLean Shake.

Isagenix™ IsaLean™ Bars



A Perfect Snack Meal Alternative in a Bar

When you're on-the-go, give your body a wave of essential nutrients with great-tasting IsaLean Bars. These ideal meal-replacement bars replenish your body with balanced protein, fat and carbohydrates—as well as important vitamins and minerals. When used as part of your Isagenix program, IsaLean Bars maximize your fat burning while safely reducing your caloric intake.

U.S. Only: To avoid melting during shipping due to hot summer months, coated IsaLean Bar flavors—Chocolate Honey Peanut and Yogurt Oatmeal Raisin—are only available from October-May.

Available in:

UnCoated Bars:

Chocolate Crunch
Peanut Crunch

Coated Bars (available October-May):

Chocolate Honey Peanut
Yogurt Oatmeal Raisin

Benefits

- Satisfying meal replacement
- Balanced source of protein, carbohydrates and fat
- Good source of vitamins and minerals
- Free of trans fat, gluten, wheat and barley
- Kosher certified

Chocolate Crunch Bar

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Ingredients

Brown rice syrup, calcium caseinate, whey protein isolate, peanut butter, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin and vanillin), glycerin, polydextrose, whey crisp (whey protein, rice flour), cocoa powder, honey, fructooligosaccharides, chocolate liquor, lecithin, natural flavors, sunflower oil, salt, vitamin and mineral blend (tricalcium phosphate, ascorbic acid, d-alpha tocopherol, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, manganese sulfate, chromium amino acid chelate, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, vitamin A palmitate, folic acid, biotin, potassium iodide, sodium molybdate, sodium selenite, cyanocobalamin). Contains milk, peanuts and soy.

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Peanut Crunch

Nutrition Facts	
Serving Size 1 Bar (63g)	
Amount per Serving	
Calories	240
Calories from Fat	60
%Daily Value*	
Total Fat 7g	11%
Sat Fat 1.5g	8%
Trans Fat 0g	0%
Cholesterol 5mg	1%
Sodium 130mg	5%
Potassium 180mg	5%
Total Carb 30g	10%
Dietary fiber 5g	19%
Sugars 12g	
Protein 18g	

Vitamin A	35%
Vitamin C	40%
Calcium	30%
Iron	4%
Vitamin E	40%
Thiamin	40%
Riboflavin	40%
Niacin	40%
Vitamin B6	35%
Folate	35%
Vitamin B12	45%
Biotin	35%
Pantothenic Acid	40%
Phosphorus	20%
Iodine	35%

Magnesium	8%
Zinc	40%
Selenium	40%
Copper	40%
Manganese	50%
Chromium	35%
Molybdenum	35%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80 g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375 g
Dietary Fiber		25g	30 g

Calories per gram:
Fat - 9 • Carbohydrates - 4 • Protein - 4

Ingredients

Brown rice syrup, calcium caseinate, ground peanuts, whey protein isolate, whey protein concentrate, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, and vanillin), peanut flour, glycerin, polydextrose, honey, peanuts, whey crisp (whey protein, rice flour), fructooligosaccharides, lecithin, sunflower oil, natural flavors, vitamin and mineral blend (Tricalcium phosphate, ascorbic acid, d-alpha tocopherol, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, manganese sulfate, chromium amino acid chelate, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, vitamin A palmitate, folic acid, biotin, potassium iodide, sodium molybdate, sodium selenite, cyanocobalamin), salt. Contains milk, peanuts and soy.

Rev-0

Chocolate Dipped Honey Peanut

Nutrition Facts	
Serving Size 1 Bar (65g)	
Amount per Serving	
Calories	250
Calories from Fat	70
%Daily Value*	
Total Fat 7g	11%
Sat Fat 3.5g	17%
Trans Fat 0g	0%
Cholesterol 5mg	1%
Sodium 65mg	3%
Potassium 130mg	4%
Total Carb 32g	11%
Dietary fiber 2g	8%
Sugars 11g	
Protein 17g	34%

Vitamin A	35%
Vitamin C	35%
Calcium	20%
Iron	6%
Vitamin E	35%
Thiamin	35%
Riboflavin	35%
Niacin	35%
Vitamin B6	35%
Folate	35%
Vitamin B12	35%
Biotin	35%
Pantothenic Acid	35%
Phosphorus	10%
Iodine	35%

Magnesium	6%
Zinc	35%
Selenium	35%
Copper	35%
Manganese	45%
Chromium	35%
Molybdenum	35%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500			
Total Fat	Less than	65g	80 g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375 g
Dietary Fiber		25g	30 g
Calories per gram:			
Fat - 9 • Carbohydrates - 4 • Protein - 4			

Ingredients

Brown rice syrup, milk chocolate-flavored coating (maltitol, fractionated palm kernel oil, nonfat milk solids, cocoa, soy lecithin as an emulsifier, salt, natural flavor), calcium caseinate, honey, whey protein isolate, ground peanut, partially defatted peanut flour, whey protein concentrate, sunflower oil, fructooligosaccharides, rice flour, maltodextrin, natural flavor, oat fiber, soy lecithin, salt, calcium phosphate, ascorbic acid, vitamin E (acetate), niacinamide, biotin, vitamin A (palmitate), zinc oxide, copper gluconate, pantothenic acid, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, manganese sulfate, potassium iodide, sodium selenite, vitamin B₁₂, chromium (amino acid chelate), folic acid, sodium molybdate.

Rev-6

Contains milk, soy and peanut ingredients.

Yogurt Dipped Oatmeal Raisin

Nutrition Facts	
Serving Size 1 Bar (65g)	
Amount per Serving	
Calories	250
Calories from Fat	50
%Daily Value*	
Total Fat 6g	9%
Sat Fat 3g	15%
Trans Fat 0g	0%
Cholesterol 5mg	1%
Sodium 45mg	2%
Potassium 110mg	3%
Total Carb 34g	11%
Dietary fiber 2g	7%
Sugars 13g	
Protein 17g	34%

Vitamin A	35%
Vitamin C	35%
Calcium	20%
Iron	4%
Vitamin E	35%
Thiamin	35%
Riboflavin	35%
Niacin	35%
Vitamin B6	35%
Folate	35%
Vitamin B12	35%
Biotin	35%
Pantothenic Acid	35%
Phosphorus	15%
Iodine	35%

Magnesium	2%
Zinc	35%
Selenium	35%
Copper	35%
Manganese	50%
Chromium	35%
Molybdenum	35%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat	Less than	65g	80 g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375 g
Dietary Fiber		25g	30 g

Calories per gram:

Fat - 9 • Carbohydrates - 4 • Protein - 4

Ingredients

Brown rice syrup, calcium caseinate, yogurt-flavored coating [maltitol, fractionated palm kernel oil, yogurt powder (cultured whey protein concentrate, cultured skim milk and yogurt culture), nonfat milk solids, whole milk solids, soy lecithin, salt, natural flavor], honey, whey protein isolate, rolled oats, raisin, whey protein concentrate, raisin paste, sunflower oil, fructooligosaccharides, rice flour, spice, natural flavor, soy lecithin, salt, calcium phosphate, vitamin C (ascorbic acid), vitamin E (acetate), niacinamide, biotin, vitamin A (palmitate), zinc oxide, copper gluconate, pantothenic acid, pyridoxine hydrochloride, thiamin mononitrate, riboflavin, manganese sulfate, potassium iodide, sodium selenite, vitamin B12, chromium (amino acid chelate), folic acid, sodium molybdate.

Contains milk and soy ingredients.

Rev-6

Isagenix™ Snacks



Satisfying Low-Calorie Snacks

Each chocolate and vanilla snack is a perfectly balanced blend of proteins, carbohydrates, and fat. They provide nutrients while satisfying appetite and cravings when used as part of your Isagenix program. The low-calorie snacks prove invaluable for reaching and maintaining your target weight.

Available in:

Chocolate
Vanilla

Benefits

- Perfectly balanced blend of protein, carbohydrates, and fat
- Helps satisfy your cravings
- Provides nutrition throughout the day

Snacks! - Natural Chocolate

Nutrition Facts

Serving Size 2 Chewable Wafers (7 g)
Servings per Container 30

Amount Per Serving

Calories 25

Calories from Fat 0

Calories from Saturated Fat 0

% Daily Value*

Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 5 mg	1%
Sodium 25 mg	1%
Potassium 40 mg	1%

Total Carbohydrate 4 g 1%

Sugars 3 g

Protein 2 g 4%

Chromium 20%

Not a significant source of dietary fiber, vitamin A, vitamin C, calcium and iron.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:		2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram

Fat - 9 • Carbohydrates - 4 • Protein - 4

Ingredients

Natural fructose, low-heat nonfat milk, natural flavors, whey protein concentrate (undenatured), soy lecithin, calcium caseinate (undenatured), Cocoa powder, silica, alpha-linolenic acid from ALA-stabilized Flax seed (*Linum usitatissimum*), IsaLyte® trace minerals, choline bitartrate, betaine HCl, l-methionine, Chromium Chelavite® (amino acid chelate).

Contains milk and soy ingredients.

Vanilla Snacks

Nutrition Facts

Serving Size 2 Chewable Wafers (7 g)
Servings per Container 30

Amount Per Serving

Calories 30

Calories from Fat 0

Calories from Saturated Fat 0

% Daily Value*

Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 5 mg	1%
Sodium 25 mg	1%
Potassium 40 mg	1%

Total Carbohydrate 4 g 1%

Sugars 3 g

Protein 2 g 4%

Chromium 20%

Not a significant source of dietary fiber, vitamin A, vitamin C, calcium and iron.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories:		2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram

Fat - 9 • Carbohydrates - 4 • Protein - 4

Frequently Asked Questions

Isagenix Snacks

How do I use Isagenix Snacks in my Isagenix Program?

Use Isagenix Snacks as needed to help curb cravings, up to 6 per day. On Cleanse Days, take 1-2 every few hours between your Cleanse for Life servings. If you must eat a little with each Snack, try low-calorie, whole foods. For longer use, let each Snack dissolve in your mouth rather than chewing.

IsaFlush!



Intestinal Cleanse Support

IsaFlush! encourages regularity and helps to soothe intestinal discomfort using cleansing herbs and minerals.* Regularity is important for the body to eliminate waste, lessen fatigue, and to support cardiovascular health. Magnesium supports improved water absorption for better colonic function. A balanced digestive system improves your ability to withstand physical, emotional and environmental stress.

Benefits

- A healthy heart formula*
- Helps soothe intestinal discomfort and improves digestion*
- Supports regularity*
- Supports healthy intestinal flora*

IsaFlush

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving	% Daily Value*
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Magnesium (as oxide**) 200mg	50%
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Proprietary Blend 125mg	†
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Bentonite, Hyssop stem and leaves extract (*Hyssopus officinalis*), Black Walnut hulls (*Junglans nigra*), Peppermint leaf (*Mentha piperita*).

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

[Frequently Asked Questions](#)

IsaFlush!

When should I use IsaFlush! in my Isagenix Program?

As part of your 30 Day Program, take 1 IsaFlush! capsule each day. Use 2 capsules if you experience constipation. IsaFlush! is also useful with your 9 Day Program, or in general for regularity and for help in alleviating the symptoms of constipation.

IsaPro™ Supplemental Protein



Whey for Lean Body Mass

Extra protein intake is especially useful for athletes and growing teenagers to promote lean body mass, and for those who have reached a stubborn weight-loss plateau or simply have difficulty losing weight due to thyroid challenges.

One scoop of IsaPro Supplemental Protein mixed with your IsaLean Shake provides a total of 35 grams of low-lactose, organic whey protein. It also provides IsaLyte ionic trace minerals, which support proper assimilation and enzyme activation, as well as many other functions in your body.

Benefits

- Supports lean mass
- Organic whey protein
- Helpful with stubborn weight loss
- Blends easily with your IsaLean™ Shake

IsaPro

Nutrition Facts	
Serving Size 1 scoop (1/4 cup) 23g	
Servings per Container 30	
Amount per serving	
Calories 100	Calories from Fat 10
Calories from Saturated Fat 10	
%Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 55mg	18%
Sodium 45mg	2%
Potassium 115mg	3%
Total Carbohydrate 2g	1%
Sugars 1g	
Protein 18g	
Vitamin C 2%	Calcium 10%
Iron 2%	Thiamin 10%
Riboflavin 45%	Vitamin B ₆ 8%
Vitamin B ₁₂ 30%	Phosphorus 8%
Magnesium 4%	
Not a significant source of dietary fiber and vitamin A	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4	

Ingredients

Whey protein concentrate (undenatured), Isalyte™ trace minerals.
Contains milk ingredients.

Amino Acids Per Serving Naturally Occurring†

Alanine	794 mg	lysine	1,522 mg	<i>Barley Free Wheat Free Gluten Free No Trans Fat</i>
Arginine	381 mg	Methionine	298 mg	
Aspartic Acid	1,737 mg	Phenylalanine	529 mg	
Cystine	199 mg	Proline	1,042 mg	
Glutamic Acid	2,978 mg	Serine	860 mg	
Glycine	364 mg	Threonine	1,059 mg	
Histidine	282 mg	Tryptophan	347 mg	
Hydroxyproline	1 mg	Tyrosine	397 mg	
Isoleucine	1,059 mg	Valine	976 mg	
Leucine	1,721 mg	Other Amino Acids	1,454 mg	

† Since amino acids are naturally occurring, amounts may vary.

Rev5

Frequently Asked Questions

IsaPro Supplemental Protein

What kind of whey protein is used for IsaLean products and IsaPro Supplemental Protein?

Isagenix uses a special supplier that uses a low-temperature, ultra-filtration process to yield an extremely clean, un-denatured, low-lactose, organic whey protein concentrate from Australia or New Zealand. Undenatured whey protein preserves whey's natural amino acid profile that may support your body's immune system.

When should I use IsaPro Supplemental Protein?

Extra protein intake is especially useful for growing teenagers and athletes to promote lean body mass, and for those who have reached a stubborn weight-loss plateau or simply have difficulty losing weight due to thyroid challenges. One scoop of IsaPro Supplemental Protein mixed with your IsaLean Shake provides a total of 35 grams whey protein and IsaLyte™ ionic trace minerals.

IsaDelight™



Indulge Yourself on Cleanse Day – or Any Day!

Finally—a decadent chocolate treat that’s perfect every day— even Cleanse Days! IsaDelight™, the Happy Chocolates that Satisfy, will help you remain strong to your commitment to healthy eating.

Take one to two chocolate supplements up to twice daily, in the late morning and/or late afternoon. For optimal usage, take on an empty stomach, or at least 2 – 3 hours after eating.

Benefits

- Increased energy
- Reduced cravings
- Lighter mood
- Greater brain and heart health

IsaDelight

Supplement Facts	
Serving Size 1 Chocolate (11.3g)	
Servings Per Container 120	
Amount Per Serving	
Calories	50
Calories from Fat	40
Calories from Saturated Fat	20
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 1g	0%
Calcium 18mg	2%
Vitamin D (as ergocalciferol) 100IU	25%
Niacin (as niacinamide) 74mg	370%
Vitamin B ₆ (as pyridoxal 5-phosphate) 1mg	50%
Folate (as folic acid) 200mcg	50%
Phosphorous 22mg	2%
Magnesium 32mg	8%
*Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Dark chocolate (chocolate liquor (no alcohol), sugar, cocoa butter, soy lecithin (an emulsifier) and vanilla), IsaDelight™ Amino Complex (DL-Phenylalanine, Gamma-aminobutyric Acid (GABA), Glycine, magnesium glycinate, niacinamide, Taurine, tricalcium phosphate, inositol, folic acid, ergocalciferol, pyridoxal 5-phosphate, and inulin).

Frequently Asked Questions

What is the science behind IsaDelight™?

IsaDelight™ is a dietary supplement that consists of a proprietary blend of amino acids designed to help you feel good, naturally. The blend is uniquely delivered through premium dark chocolate, which is rich in cocoa and provides powerful antioxidants called flavanols.

What are the benefits of IsaDelight™?

IsaDelight™ is packed with feel-good vitamins, minerals and a unique blend of amino acids. IsaDelight™ enhances the health benefits of dark chocolate and helps to lift mood*, promote brain and heart health*, improve energy and satisfy cravings.*

Who should take IsaDelight?

IsaDelight™ is recommended for adults, ages 18 and older.

If you are under 18, pregnant, nursing, on medication or have a medical condition, or are beginning a weight-control program, please consult a physician before using this product or any other dietary supplement. Discontinue if allergic reaction occurs.

How much IsaDelight™ should I take?

Take one or two chocolates, up to twice daily.

When is the best time to take IsaDelight™?

Take it on an empty stomach (two to three hours after meals). IsaDelight™ can be used as your everyday, guilt-free indulgence or as a treat on Cleanse Days. For optimal results, take at least 15 minutes before Isagenix Snacks!™. On Shake Days, take IsaDelight™ at least two hours after shakes or meals. Because IsaDelight™ helps naturally energize the body, it's best to not take it after 6 p.m. or with drinks that contain caffeine.

What is the correct storage temperature for IsaDelight™?

IsaDelight™ is best when stored in a cool, dry place where temperatures are below 75 degrees. If melting or freezing occurs, the product appearance may be affected; however the active ingredients and benefits of IsaDelight™ will not be altered.

What is the expiration date for the IsaDelight™?

18 months.

Is the dark chocolate used in IsaDelight™ high in quality?

The dark chocolate in IsaDelight™ contains more than 70 percent nonalkalized cocoa powder produced using a low-temperature process in a state-of-the-art facility in the U.S. The process preserves the cocoa's natural antioxidants. ORAC (Oxygen Radical Absorbance Capacity) is the most common unit for identifying antioxidant strength. IsaDelight™ produces an ORAC score of more than 5,700 per two chocolates. In comparison, approximately a little over one cup of raw blackberries offers an ORAC score of 5,347. IsaDelight™ also does not contain any MSG or wax.

How is the chocolate in IsaDelight™ created?

The production process for IsaDelight™ is both environmentally friendly and ethically traded. The cacao bean (or cocoa bean) used for IsaDelight™ is 100 percent ethically traded. It's grown on small family farms near the equator that provide workers with fair wages and humane working conditions. The growth of cacao on small family farms also promotes sustainable forest farmland growth. The cacao is sun dried at its source to ensure the highest quality of dark chocolate during the final production process. After the chocolate is extracted, its waste—cocoa bean shells—are sold as cocoa shell mulch.

Is IsaDelight™ Kosher?

Yes. The certification will be included on future packaging.

What is the ingredient dl-phenylalanine?

Dl-phenylalanine is a combination of two forms of phenylalanine. Phenylalanine is an essential amino acid that acts as a neurotransmitter necessary for proper brain health. It's naturally found in any protein-rich food such as fish, milk, nuts, leafy vegetables and whole grains.

Why does it say “Phenylketonurics: Contains Phenylalanine”? How do I know if this applies to me?

Phenylketonuria (PKU) is a rare disease. Individuals with PKU must adhere to a diet with small amounts of phenylalanine because they cannot metabolize it properly.

Does IsaDelight™ contain aspartame or any other artificial

IsaDelight™ is sweetened with only four grams of sugar. It does not contain aspartame or any artificial sweeteners.

Does IsaDelight™ contain caffeine?

IsaDelight™ contains 10 milligrams or less of naturally occurring caffeine (less than a cup of green tea) from its dark chocolate.

Does the ingredient “chocolate liquor” mean that IsaDelight™

Chocolate liquor is a term to describe the liquid form of chocolate. It contains no alcohol.

DISCLAIMERS

DSHEA Disclaimer

These statements (appearing on this Web site) have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Weight-Loss Disclaimer

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix[®] 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight control or exercise program.

Safety Disclaimer

Note: If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your physician before using Isagenix[®] products or making any other dietary changes. Discontinue use if allergic reaction occurs.

Information for General Purposes Only

Information provided on this Web site and on all publications, packaging, and labels is for general purposes only and designed to help you make informed decisions about your health. It is not intended to substitute advice from your physician or health-care professional.